



BETHESDA HEALTH CARE SUPPORTS HEALTHY LIVING COMMUNITY EVENT

Bethesda Health Care is again collaborating with the Dalkeith Road Church of Christ to present their next community education event on 20 August from 7pm. Entitled 'Health is the New Wealth' this event is focused on providing vital information about healthy living, nutrition and exercise.

This event open to all will be at the Dalkeith Road Church of Christ (70 Dalkeith Road, Nedlands) and will feature expert speakers Chris Perkin and Kirsten Murphy on exercise, nutrition and healthy living, as well as a Q & A session and open forum to interact with the speakers.

Bethesda Health Care Chief Executive Officer, Ms Yasmin Naglazas said that 'we chose these speakers as they are local Claremont business owners, and healthy eating and exercise is very topical at the moment. There will be some important advice and tips shared on the evening and we urge the local community to come along'.

Rev. Barry Ryall, from Dalkeith Road Church of Christ noted that 'these events really allow us to reconnect with the community and to stay relevant. Our first event that was held in March 2015 about Relationships was well attended and we received some great feedback', Rev Ryall said.

'Thanks to the generous support of Bethesda Health Care, we will be planning another presentation open to the community before the end of the year'.

Tickets are \$15 (includes the presentations and refreshments), and purchased via <http://tix.yt/Qzf> or on the night. Student and Senior discount available. Enquiries to 0410 627 640 or rsvp@bethesda.asn.au.

Bethesda Health Care is an independent 88-bed award-winning hospital in Claremont who has been providing care and service to the Western Australian community for more than 70 years.
www.bethesda.org.au

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Media Contact :

Naomi Quinlivan

0408 598 977

nquinlivan@bethesda.org.au

