Bethesda
health care

VOLUNTEERS PART OF THE TEAM AT BETHESDA HEALTH CARE

More than 40 volunteers give up their time to work at Bethesda Health Care in Claremont, providing assistance to patients, families and visitors to the hospital.   Their invaluable contribution is being recognized as part of National Volunteer Week next week.

With the theme *Give Happy, Live Happy* introduced in 2015, Volunteering Australia has continued in 2016 to celebrate and explore the research that shows volunteers live happier and healthier lives.

The majority of the volunteers at Bethesda Health Care work in the main reception as a 'meet and greet' service, or in the 23 -bed Palliative Care unit of the hospital.

A special morning tea for the volunteers will be held on Tuesday 10 May at 10am, to recognise the great contribution that they make to the hospital.

This year Bethesda Health Care volunteer Ms Vicki Bakker has been was nominated by the hospital in the WA Volunteer of the Year awards.

Vicki has been a volunteer at Bethesda Health Care for the past 9 years. Prior to that she was a volunteer at a public hospital for 19 years.

Vicki initially started working in the Palliative Care Unit, assisting patients and their families, and the staff.   She then moved to 'meet and greet role' for the day surgery and general wards, as well as assisting admissions with their filing and archiving.

'I work every Thursday from 6am and leave just before lunch', Vicki said. 'I feel that the work I do is valuable, and really helps the staff out. I also get a work out as I am always on the move during my shift'.

Bethesda Hospital CEO, Ms Yasmin Naglazas said that 'Vicki was nominated by the staff that she assists on a weekly basis. All of our volunteers are such a dedicated and helpful team, and deserve to be recognised for their contributions'.

To find out more about becoming a volunteer at Bethesda Health Care please contact the Volunteer Co-ordinator, Ms Kay McIntyre on 9340 6398 or email KMcIntyre@bethesda.org.au.

Bethesda Health Care is an independent 88-bed award-winning hospital in Claremont who has been providing care and service to the Western Australian community for more than 70 years.

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